



UPCOMING EVENTS

ACA Annual Fall Bowling Event

Oct 25, 6:00 PM – 8:00 PM

Main Event Alpharetta, 10700 Davis Dr.
Alpharetta, GA 30009

Members please come and join us for this fun event!

[Click here to Register](#)



For information regarding sponsorship of this event,
please contact Valerie Cannady at: 404-610-6938

Annual Conference & Educational Seminar

Thursday April 18th, 2019

Crowne Plaza Perimeter
4355 Ashford Dunwoody Rd.
Atlanta, GA 30346



ACA Annual Holiday Luncheon Coming in December



FROM THE PRESIDENT



Dear Fellow ACA Members,

As I write this letter, the effects of Hurricane Florence are still being felt throughout North and South Carolina, as well as parts of the northeast. I saw a report this morning stating that 10 TRILLION gallons of rain have fallen in the past week from this massive weather system. This number is mind blowing. My heart goes out to those affected and I know everyone reading this feels the same way. As claims people, a time like this provides us an opportunity to do what we do best – empathize, sympathize and work to put lives back on track. The news today is filled with pictures and stories of the devastation, but after thousands of dedicated claims adjusters like you finish the tasks now at hand, we will start to see the results of those efforts – a slow return to “normal”. Now is our time to shine!

On a lighter note, the Summer Outing at Uncle Julio’s, co-hosted with AAIP, was a huge success. Meeting new people and renewing friendships over excellent food and drink was a wonderful way to kick-off the fall season – even though the temperatures were more like mid-summer! I want to thank Rebekah Ratliff and AAIP for the opportunity to come together for fun and fellowship and hope that this was just the first of many times that our organizations will join together for a purpose.

I’d like to give a shout-out to our sponsors for the event: Stephens Engineering Consultants; Back2Work Georgia; Benchmark Rehab Partners; ISG; Atlanta Neurological & Spine Institute and Cuzdey, Ehrmann, Wagner, Stine & Sansalone, LLC. Thank you, all, for your continued support of the ACA.

We have a confirmed date for our annual conference and educational seminar, April 18, 2019. Please plan on joining us at the newly-remodeled Crowne Plaza Atlanta Perimeter at Ravinia for a day filled with credit-producing educational classes and networking opportunities. We will provide additional information as the planning continues. That said, we are still looking for members interested in assisting with the planning. No help will be turned away! If you are interested, please email me at ann.wright@countryfinancial.com or Frances Harper at franhga@comcast.net.

Respectfully Submitted,

Ann Wright

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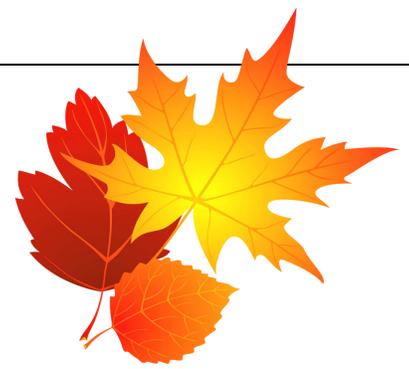
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10 Things to Do with Pumpkins Besides Look at Them



Don't toss that jack-o'-lantern yet! Try these post-carving tips for food and fun.

Article By: Bruce Weinstein and Mark Scarbrough



Halloween is almost here, which means you can have as much fun as legally possible with a knife by carving some crooked teeth into that giant gourd. Fact is, though, you can do more with pumpkins than just butcher them (as much fun as that is). Here are 10 healthy ways to turn that pumpkin into food or otherwise amuse yourself.

1. Roasted pumpkin seeds

After you cut the top off, gut the pumpkin using a serrated grapefruit spoon. Pull it along the inner walls to remove all the gunk, but don't throw that stuff out. Wash all the snot off the seeds, then spray them very lightly with nonstick spray and toast them on a cookie sheet in a 350°F oven for 10 to 15 minutes, tossing every now and then. When they're lightly browned, remove and cool for 10 minutes before eating.

2. Mashed pumpkin and potatoes

Make mashed potatoes, but substitute cubed and peeled pumpkin for half the spuds. Cut the pumpkin into wedges or hunks with a large knife, then scrape off the seeds and their membranes. Use that same knife to cut the rind off these smaller, more manageable chunks. Now you've got pieces you can boil or roast with those potatoes.

3. Pumpkin cake or bread

Grate wedges of seeded, peeled pumpkin flesh through the large holes of a box grater, then substitute them for grated carrots or zucchini in a cake or bread recipe.

4. Roasted pumpkin

Toss 2-inch pieces of peeled, seeded pumpkin in a roasting pan with just enough olive oil to create a thin coating, then roast in a preheated 375°F oven until tender, about 1 hour, tossing occasionally.

5. Grilled pumpkin

This is awesome with steaks. Seed, peel and cut a pumpkin into 1-inch chunks. Toss these in a big bowl with some balsamic vinegar, a dried herb like oregano or thyme, salt and pepper. Now crank up the grill to medium heat. Spray the pumpkin pieces with nonstick spray, then set them directly over the heat. Grill until tender, about 12 to 15 minutes, turning twice.

6. Pumpkin soup bowl

Cut tops off small pumpkins and scoop out seeds and any membranes. Place pumpkins in roasting pan and bake at 350°F just until tender, about 45 minutes. Fill with hot soup off the stove and serve. Best of all, you can scrape off bits of inner flesh and chow it down with the soup! By the way, the pumpkins can have structural failure as they continue to stay hot out of the oven. It's best to serve soup in the pumpkin set inside a big bowl.

7. Pumpkin chili

Seed, peel and cube a small pumpkin, then add it as a vegetable in your favorite chili recipe. Cut those bits of pumpkin small, into 1/2-inch cubes, so they'll cook more quickly. After an hour over the heat, they'll give a nice, sweet taste to the fiery chili. Longer over the heat and they'll start to melt — even better, more sweetness per bite. Break out the beer!

8. Pumpkin pie

Skip the canned stuff. Peel, seed and chunk up one or two small pie pumpkins. Place them in a covered vegetable steamer and steam over simmering water until tender, about 20 minutes. Purée in a food processor fitted with a chopping blade and substitute this for canned pumpkin in your favorite recipe.

9. Pumpkin smoothie

Save some of that pumpkin purée from above and add a few tablespoons to your favorite post-workout smoothie or protein drink.

10. Beer cooler

Before your next party, cut the top off a couple really large pumpkins and dig out the guts. Fill pumpkins with bottled beer or sodas, then add ice. But keep an eye on them — those jack-o'-lanterns love their suds!

“THE HONOR”

A.K.A. CLAIMS PERSON OF THE YEAR AWARD

Hey, you! Yeah, you! We're looking for some special candidates. We're now accepting nominations for that elite insurance professional deserving of the title, 'The Honor,' a.k.a. **Claims Person of the Year**.

The insurance industry certainly carries with it some trials and challenges. We definitely get that. That said, who do you know that not only overcomes all challenges set before them, but may also help and support others around them? We all know someone... yeah, that special someone. So, let's recognize them and get them honored!

A few qualifications these special individuals (nominees) must meet:

- They must be a member of the Atlanta Claims Association, Inc. (ACA)
 - If they're not, get them to fill out a membership application and join. We'd love to have them and get to know them better.
- They must be a full-time claims professional providing insurance related services.
- **And new to this year's potential applicant pool**, we're accepting all claims professional positions. That includes: adjusters, examiners, analysts, supervisors, managers, etc. As long as your nominee handles claims on a day-to-day basis, we'd love to see them get nominated.

The nominees will be judged on the following:

- Business ethics
- Business achievements
- Education achievements
- Claims handling experience
- Contributions to the insurance industry
- Contributions to the ACA

So, what are you waiting for? Nominate that special claims professional who meets the above noted requirements. Once identified, please complete the below nomination form and send to:

York Risk Services Group, Inc.
1200 Abernathy Road
Building 600; Suite 1700
Atlanta, GA 30328
Attn: Brent Perich or Brent.Perich@yorkrsg.com

The deadline for all entries is December 31, 2018. The finalists will be invited to attend the Officers Installation and Awards Luncheon on April 18, 2019.

We look forward to all nominations and especially look forward to awarding that special individual who is well-deserving of this honor.



ACA 2019 Membership Drive November 1st – January 31st, 2019

What do I get for my membership? A LOT!

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ACA Membership Benefits Calendar Year 2019	General \$45	Associate \$55	Student \$20
Voting Privileges	y	n	n
May hold an office	y	n	n
Newsletter and 1st notice of events	y	y	y
Membership List	y	y	y
Networking Opportunities	y	y	y
Ongoing Education	y	y	y
Annual Educational Seminar April 18, 2019 Save the non-member registration cost and receive 6 CEU's free.	y	y	y
Attend one event free Jan.-Dec. Save the non-member registration cost	y	y	y
Attend ACA events at a discounted price - luncheons, social events, networking events, educational and legislative events	y	y	y
1st opportunity over non-members to present or sponsor at events	y	y	n
1st opportunity over non-members to write articles for the newsletter	y	y	y

To apply or renew online, please go to: AtlantaClaims.com/Membership

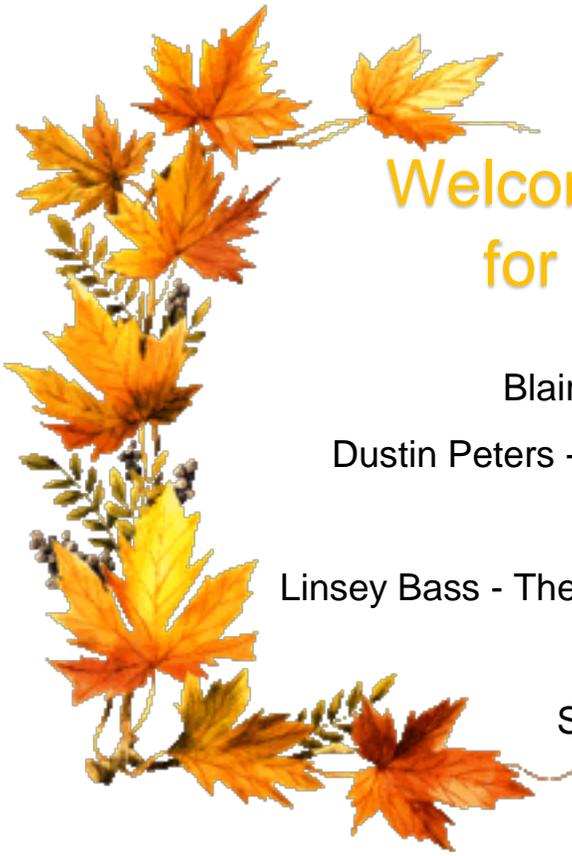
You may also print out a form and mail it along with your check to:

Atlanta Claims Association | PO Box 468103 | Dunwoody, GA 31146

For questions or more information, please contact

membership chair Patty Bakmaz at:

Phone: 404-846-2001 - Email: admin@atlantaclaimsassociation.com



Welcome to our New Members for August & September

Blair Cash - Lueder, Larkin & Hunter, LLC

Dustin Peters - Cuzdey, Ehrmann, Wagner, Stine & Sansalone

Leslie Fuentes - Sedgwick

Linsey Bass - The Physicians Spine and Rehabilitation Specialists

Jamie Shreeves – Claimplus

Sahithi Dayes - Devry University



We want to invite you to connect with
Atlanta Claims Association Group on LinkedIn

Just log into LinkedIn and then click the icon below to go directly to our
group or search for Atlanta Claims Association Group





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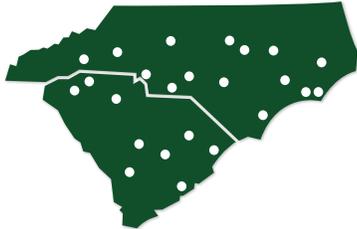
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